

### **BEYOND ZEBRA**

Adolescent Learning and Leadership Journey



### WHAT IS IT?

Beyond Zebra is offered in two models:

1. Group
Journey: Run in 3
cycles through the
year with 15
participants in
each cohort.

2. Individual
Journey: Registra
tions are open
throughout the
year.

Beyond Zebra, is a 54 hours programme which provides an adolescent with a platform to experiment and develop essential skills such as collaboration, critical thinking, communication, problem-solving, conflict resolution, and informed decision making with different social spaces.

The aim of the programme is for the adolescents to get access and opportunity to understand alternate realities with regards to the issues they are passionate about.

The program is 54 hours' learning and leadership journey for college-bound adolescents, between the age of 14 and 17 years. The program offers:

- A 40-hour on-ground experience with Pravah's partnering social change initiatives
- 8 hours of workshops for orientation and inputs
- Additional **6 hours, for intensive mentoring** support on leadership and processing of experiential learning.

The program looks at the internship as an investment in oneself from the point of view of developing essential skills as a young adult. Empathy, active listening, self-awareness, and creativity are core to these skills that institutes of higher education are looking for.

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### Our Collaborations

Pathways School (Gurugram), American Embassy School, Ryan International School, Spring Dales School (Pusa Road), Laxman Public School, Andhra Educational Trust, Army Public School (NOIDA), Bluebells School International, Sanskriti School, The Mother's International School, Indirapuram Public School, S.R. D.A.V School (Dayanand Vihar), Father Agnel School (Green Park), The Heritage School (Gurugram), Anglo Arabic School, Shafiq Memorial School, St. Mary's School, Salwan Public School (Mayur Vihar)

Hope Project (Nizamuddin), Jamghat (Lado Sarai), Salaam Baalak Trust (Paharganj), Udayan Care, Happy Hands Foundation (Saket Enclave), Butterflies (Green Park Extension), Aarohan (Malviya Nagar), Tarun Bharat Sangh (Alwar), Sri Kamadhenu Manav Seva Trust (Una, Himachal Pradesh), Gram Vikas Navyuvak Mandal (Laporiya, Rajashtan), Karm Marg (Faridabad), Bucket List (Jasola), EdBrand, Gurugram

# WHY SHOULD YOU BE A PART OF IT?

Beyond Zebra provides an opportunity to lead an idea and allows the students to see a world different from the one that they may have usually been a part of. This gives the students an edge over others with respect to college applications; such experiences enable them to gain multiple perspectives and the ability to work with different people and in different contexts at a very impressionable and crucial stage.

At the end of the journey, students will be given an experience letter stating the role they played in the organization/community they were placed with and the on-ground action initiated by them. This experience letter could be an essential testimony of leadership and demonstration of the skills exhibited by the students.

Beyond Zebra is based on enabling deeper engagements with psychosocial and economic issues that Pravah's partnering initiatives are working on; this could be a platform for the interns to act on their concerns.

This is also an opportunity for the organizations to reach out to young people and see how the depth of their work inspires a young person to be an informed, responsible and an active citizen. This mutual engagement between the students and the organizations will create spaces for young minds to add value to their work through their zeal and fresh perspectives which may, in turn, open windows to newer avenues for all.



"Life is not black and white. When we become aware, we expand our view of life beyond our own to include others; and in making lives better and happier for others, we become happier ourselves."

-Manraj Singh, 17, Sri Ram School



## WHAT IS THE FLOW OF THE PROGRAM LIKE?

- The Face-to-face interaction is a meeting between the Pravah team and the participant enrolling for the program to understand the participant in depth. This step helps to set the expectations on a common ground by understanding their learning need and interest areas. Based on this and the need of the partnering organization, the participant is matched and placed with a social change initiative that would host him or her for the duration of their internship.
- **Kick-start** is a 4 hour foundation workshop which prepares the participants for the experiential journey with the organization or the community. An essential component of this workshop is to identify and plan action on competencies that the student will require and wants to work on. They are also introduced to the mentors and the host organization in this phase,
- Taking the Stride is the internship and learning phase which looks at about 10 hours where the participants start visiting and engaging with the host organization or the community to understand their work and the ground realities. During this phase, the participants are mentored from Pravah's end as well as work closely with their supervisors at the host organization.

## FLOW OF THE PROGRAM

Face to face Interaction

"Kickstart"- Foundation Workshop (4 hours)

"Taking the Stride"-Internship and mentoring begins (16 hours)

"Pace Up"- Input Workshop (4 hours)

"Breakthrough" - Action Projects and mentoring (30 hours)

"Action Amplifier"

- Pace Up is the 4 hour input workshop where the participants converge and share their learning with each other in order to plan their action projects. Mentors at the workshop support in planning and designing their way forward as well as bring learning experiences of the different participants in this common space.
- Breakthrough is the continuation of the Taking the Stride phase with the additional component of action projects. Action projects are actionable interventions which are based on experiential learning and are usually a step towards social action. Mentors will continue to support and shape the experience.
- Action Amplifier is the phase of sharing the learning with the world where the experiences, learning and action projects of the interns will be shared with a larger audience. This is also a mode of reporting through blogs, photo documentation and videos which can then be shared on social media or other such social platforms.

#### COST

The program is not funded by any external entity; hence the students enrolling for the program are required to pay an amount of INR 14000 which covers the cost of workshops, mentoring, facilitation, venue, resources, travel expenses and also an honorarium to the supervisors at the host organizations.

### **MODEL OF THE PROGRAM**

- The program is open to all students between the ages 14 and 17 years.
- Group Journey: Students enroll for the program in 3 cycles: April to June, August to October and November to Jar
- Individual journey: Participants could also enroll at any time of the year for the program where they undertake a j

#### **APPLICATION PROCESS**

To apply, students can mail us at <a href="mailto:beyondzebra.pravah@gmail.com">beyondzebra.pravah@gmail.com</a>.

In case of any doubts or queries, you can contact us at the following numbers:

Anukriti Garg: 8860944288 Office Landline: 011- 26291354