



Pravah has been working in the field of youth development and active citizenship since 1993. It works to build youth leadership for social change through the design and delivery of innovative programs with diverse groups of young people across the country. It's interventions with young people are designed to take participants on a learning journey to understand themselves, develop their skills, engage with social issues and discover their potential as change makers. Pravah also trains teachers, supports youth-led initiatives, incubates new youth organizations, and partners with other organizations to create an ecosystem of organizations that can advocate for youth development and active citizenship.

Pravah Learning Voyages offers consultancy and comprehensive trainings designed as voyages for individuals and organizations in the area of Youth Development (building effective youth facilitators) and Instructional Design (building design capability). Each voyage constitutes an initiation in a learning retreat in workshop setting followed by learning projects in the real world. Tools and methods conceptualized by us have been used by over a 100 organizations across the country and abroad. Feedback on our trainings and their applicability to the participants' real life has been consistently high. Advocacy is another emerging focus for this initiative. Pravah Learning Voyages is supported by The Ford Foundation.



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Design Credit: Rustam Vania

"It is not easy to create this sort of learning atmosphere. Good combination of indigenous and international thoughts /concepts broken down into digestible bits!" – Vani, Breakthrough

"Revolution begins within. If a facilitator has not broken out of his stereotypes, he will not be open to the ideas of a young person?" – Sukrat, founder Socristo media firm

"You have touched my life." – Mini, NFI

Take a Deep Dive...

...into the ocean that flows in youth



A PRAVAH LEARNING VOYAGE
SUPPORTED BY THE FORD FOUNDATION

JOIN Ocean in a Drop

A PRAVAH LEARNING VOYAGE for Youth Leadership Facilitators, Educators, HR & Training Professionals



➤ “You must do your bit for society even if it’s just a drop in the ocean.”
Young people have been exhorted thus to do their duty. It’s an advice that falls mostly on deaf ears, as the young people are quickly drawn into the adult workforce of a nation on a high growth trajectory with a sole focus on employment and consumption. But there was a time not so long ago when young people were at the forefront of the movement for India’s independence. It was like an ocean on the march. When did the ocean turn into a drop?

Somewhere during the formation of the republic, young people were asked to cede the governance spaces to adults. For instance, let’s look at the indicator of political participation. Even though 26% of the population in the first Lok Sabha comprised of young people in the age group of 26-40, only one cabinet minister was in that age group and the average age of the cabinet was 52 years. This trend grew worse over the years with the political participation dropping off rapidly and by the 2009 Lok Sabha, the average age of the cabinet had gone up to 63 and youth representatives had dwindled to 6.3%. When the young population of any country turns apathetic about the politics and common spaces the health of the community can be said to be on the decline. So by approaching youth with a lack of an abundance mentality, spoon in hand, we have turned the ocean into a drop. How do we help young people connect again in the common spaces? How do we help to understand this exchange between the inner and the outer world, the ‘personal’ and the ‘political’?

Society today, legitimises the four hang out spaces for young people i.e. family, career or studies, friends and leisure and lifestyle. We need to architect a 5th space within the mainstream imagination where young people can safely explore the world inside-out; that is to explore the connection of self to society; to experiment with changing the world but more importantly to watch consciously how the world changes them as well. In the process young people will pick up skills and perspectives that will help them nourish all the other youth spaces.

As facilitators of such a 5th space we ourselves need to become deeply aware of ‘who we are’. We also need to have the correct perspective on youth development, effective workshop design and facilitation skills, and a systemic understanding of the whole world and its hidden interconnections. We call these the imperatives of a youth facilitator of the 5th Space. The Ocean in a Drop Learning Voyage, constituting 30% of time in workshop spaces and 70% in real world on your own youth challenge, can not only change the way you approach young people, it can transform your entire approach to life.

“Methodologies let the concepts flow in us. Before we realized, we had learnt something new. Taking back a lot to use in my real space”
- Barsha, Pradan, New Delhi

“Has opened my mind for youth development work. It has showed me the way. .. next time you will see me differently” – Reben, IGSSS

“These different methodologies can be replicated while working with young especially for mobilization and development processes”
– Bharat, YUVA

Enrich the 5th Space

➤ Learn...

- ✦ Explore the challenges you face as a facilitator to unleash the potential of your programs through four core themes: 1) Youth Development 2) Design and Facilitation 3) Systems Thinking 4) Deep Self Awareness.
- ✦ Learning happens best by making mistakes. Gaining insights from these mistakes is what matters in the pursuit of our real life goals. Hence, experiential learning in the real world is a crucial component of this voyage. 70% of the voyage will be at your place of work and play. 30% of the voyage will be in the form of learning retreats in workshop settings.
- ✦ In this voyage, a learning triad is formed to anchor your refl-action (reflection & action). The three pivots, you: the voyager, the navigator (organization member or coach chosen by learner) and the Pravah navigator work on a real life challenge identified by you in the context of your own performance goals.

...and Grow

- ✦ Develop, lead and implement strategies for deepening your intervention and your organization’s engagement with young people by processing real life challenges you are facing.
- ✦ Design and facilitate high impact interventions using creative methodologies including cross-border exposures, self-exploratory psychological tools and stimulating experiences.
- ✦ Enhance organizational effectiveness by applying systems thinking to your real world challenge.
- ✦ Delve into personal transformation.
- ✦ Be mentored by and learn with experienced facilitators and participants in the field of youth leadership.

“Originality and creativity displayed doing the sessions, was of very high standard. Have attended lots of workshops, but this one honestly exceeded my expectations”
- Serena, The Voice Inc. Papua New Guinea

➤ The Voyager’s Profile

- ✦ Demonstrated leadership and direct work experience with youth
- ✦ Self directed learning orientation
- ✦ Working knowledge of English / Hindi
- ✦ Belief in young people’s ability to create change

A simple screening process will ensure that the group has a rich peer learning potential. Once selected, the voyager commits to take ownership and responsibility for the voyage. Independent individuals working in this field but not affiliated to any formal organization may also join this voyage.

➤ Dive In

Send a short write-up on why you would like to join this voyage. Include details of your profile and experience of working with youth, personal passion and one significant learning experience you have had in your field. E-mail it to malavika.pravah@gmail.com. The voyage schedule and costing is attached. For more information on this program, contact Co-Director, Learning Voyages **Malavika Pavamani** at **011-26291354, 26213918**.

If you are working in an organization, please apply in collaboration with it, with a suggestion of a navigator from your organization who will support your learning back home. If you are not affiliated to an organisation please nominate an independent navigator to support your learning.

Plan options you can register for: Plan I...Plan II...Plan III

Plan I – The full voyage (indicatively 9 months): which includes Phase I a) Foundation Retreat -basic learning in youth development thematics - 6 days in New Delhi b) Refl-Action – 4 months at own place of work/play and c) closure retreat (2 days) and phase II a) Foundation booster-deeper dive into chosen elective- 4 days b) Refl-Action – 4 months c) Past Forward - 2 days

Plan II – Phase I alone (part voyage – indicatively 4 months): includes a) Foundation Retreat b) Refl-Action c) Closure Retreat as described above

Plan III – Modular Journey: Register for chosen thematic (1 – 2 days) a) Youth Development b) Design and Facilitation c) Systems Thinking d) Deep Self Awareness

Final registration of plan option depends on availability of seats.